

W is for Wheat.

In colonial times, the Schoharie Valley was famous for growing wheat, which is a grain that is the main ingredient for making bread. In the museum is a wooden skipple, used by the early Palatines to carry wheat to mills in Schenectady and Albany. During the American Revolution, the valley was a very important source of wheat for George Washington's army when a soldier's diet was one pound of beef and one pound of bread a day. British raids in the valley were about destroying the wheat to keep it from feeding Washington's army.

